

Guest Speakers for May 2<sup>nd</sup> Meeting:

**David LaFreniere**, and his wife and Law Firm partner **Kristen Vander-Plas**, gave a thorough presentation on wills, estate planning, and trusts. **David** said that with his wife **Kristen**, "Vander-Plas LaFreniere PLLC is here to work with you to identify and execute the best decision for your family or business. We have the finest West Texas lawyers available for your case. Whether you're planning your estate, need a probate attorney, or are in search of help with your business, like forming partnerships or LLCs, non-profits, best practices, strategic business planning, we can do it.

**Kirsten** said: "Drafting a will and planning your estate is important. Nothing can give you and your family more comfort than knowing how you want things to be done. We are here to help you with all issues. We understand that there is no such thing as a "one size fits all" estate plan or will, and we work with you to customize an estate plan that suits your needs and goals. Whether you need to set up a will, record a transfer-on-death deed, plan for minor or disabled beneficiaries, plan & fund a trust, grant a power of attorney, sign an advanced directive, or name a guardian for your grandchild, we offer estate planning to help bring you the peace of mind you deserve. **If there has been a life changing event in the past**, you need to review your current **Will and Financial and Medical Powers of Attorney** to be sure they are up to date for Executors and Beneficiaries.

Contact information: (806) 786-9022, or e-mail [kvp@vplflaw.com](mailto:kvp@vplflaw.com). 4630 50<sup>th</sup> St.

May 9, 2024

**Our Only May Birthday!**

**Luke Mason – 5/19**

**Meals on Wheels need Drivers**

**Mark Your Calendars:  
Flag Work Day Sat. May 11<sup>th</sup> at 8806 University, 10-Noon**

**Rain has been predicted for 8-10 am Sat. morning, with no rain afterwards. We will set-up and work on the wet parking lot. Wayne will keep us posted on weather conditions Friday night so look at your email/texts. We'd like to have 12 volunteers to help & will have a pizza lunch.**

***The Objects of Kiwanis:***

**TO GIVE** primacy to the human and spiritual, rather than to the material values of life. (... starting with family)

**TO ENCOURAGE** the daily living of the Golden Rule in all human relationships. (... starting with neighbors)

**TO PROMOTE** the adoption and application of the higher social, business, and professional standards.

**TO DEVELOP**, by precept and example, a more intelligent, aggressive, and serviceable citizenship.

**TO PROVIDE**, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.

**TO COOPERATE** in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism and goodwill (...starting with one another!)

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**John Paul Batrice's**



A Blonde's Cookbook:

"Today I made an angel food cake. The recipe said: 'beat 12 eggs separately.' Thank goodness for neighbors who loaned me some extra bowls"

"My husband was craving fruit salad", said the blonde. "The recipe said "serve without dressing" so, I did. What a surprise when my husband brought a friend with him for supper!"

Our new Sunday school teacher was sharing with us stories about himself saying: "I was near Mt. Helen when it erupted, I was in Florida when hurricane Andrew hit and was in New Orleans when Katrina struck." **Wayne Kohout** raised his hand and asked: "how long you stayin' in Lubbock, preacher?"

**David Medrano** went for his yearly physical and his doctor asked: "What's the most you ever weighed?" "One hundred and sixty-one pounds" "And what's the least?" "Six pounds, three and a half ounces" he replied.

Overheard **Tim Upp** saying: "sometimes I pretend to be normal, but it gets boring... so I go back to being me."

**OFFICERS 2023-2024:**

Tom Andrews, President  
Joe Phea, President-Elect  
David Mallard, Vice President  
Lequice Kohout, Treasurer  
Paul Rostad, Secretary  
Debbly Conn, Immed. Past Pres.

**BOARD MEMBERS:**

**2022-2024:** David Cook, Kim Davis, Wayne Kohout, Luke Mason  
**2023-2025:** Sandra Andrews, Cindy Ham, David Medrano, Carmen Vige

**TODAY**

**Thur. May 9:** May Birthday, Committee Updates, Board Meeting

**ALSO...COMING SOON:**

**Thur. May 16:** Kelly Rowe, Lubbock County Sheriff, Status and Goals of the Sheriff's Department

**Thur. May 23:** Brent Harrison, Alpha Tax Solutions, Specializing in Property Tax Valuations/Tax Savings