



The Klatter
 Kiwanis Club of Lubbock, Texas 79408
 Kiwanian of the Year: Tim Upp

Kiwanis:
 Serving the Children
 of the World
 kiwaniscluboflubbock.org

NAME	BUSINESS	WORK	HOME	NAME	BUSINESS	WORK	HOME
Andrews, Sandra	Retired Teacher		239-287-4586	Kohout, Lequice	Retired, TTU Housing	cell-773-1951	794-3226
Tom	sandramayandrews@gmail.com			Wayne	lequice.kohout@gmail.com		
Andrews, Tom	Retired, Computer Software		239-284-9420	Kohout, Wayne	Retired, TCEQ	cell-773-5541	794-3226
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Brown, Tom	Collier Construction	741-1982	325-733-7492	Mallard, David S.	Attorney*	(972) 978-7686	same
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Conn, Deborah	TTU HSC*	743-4222	500-5399	Moore, Jimmy D.	Children's Home*	762-0481 Ext: 208	535-8161
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Cook, David	Retired USAF & TDCJ		789-9706	Ramsey, Jill	Homemaker		441-6666
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Cross, Sam	TX Comptroller Off.*	794-4012	570-2688	Reid, David S.	Aim Mail Center	785-0000	239-0053
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Downey-Murphy, Ilona	Allstate Ins. Ag.	771-2526	cell-778-0208	Rostad, Paul	Retired Businessman		cell-441-6194
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Dugger, James	Vitalant Blood Services*	797-6804	cell-786-5629	Scott, Ange	Texas Boys Ranch	747-3187	632-4530
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Hitch, Reed	Medicare/Retirement*	543-2018	543-2018	Upp, Tim	Suddenlink Comm.	771-6051	646-0106
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Howard, Joel	Retired City Atnys. Off.	Cell-445-1232	795-0791	Vige, Carmen R.	Lubbock Natl. Bank	761-4101	781-2954
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Jones, Steve	Prosperity Bank	741-2230	794-5532				
Cheryl	steve.jones@prosperitybankusa.com						

Guest Speaker Last Week Was:

Patti Mandrell, Co-founder of Refuge Services since 1999. She heard about using horses for therapy and therapeutic counseling in the mid 90's in Utah. Was a counselor for Cal Farley Ranch and initiated the use of equine counseling. Went to Tomball then Lubbock.

The mission of Refuge Services is to enhance individual, family, & group functioning by providing opportunities to develop skills for solving problems, overcoming obstacles, and reaching individual as well as group goals. Refuge Services vision is to build strong relationships through Equine-Assisted growth and learning activities. Their long-term plan is to expand into a therapeutic environment retreat for families in a 40-acre ranch setting - *The REFUGE: Family Restoration Ranch*. This ranch will incorporate traditional counseling, Equine-Assisted Therapy, as well as other nature therapies (ropes courses, camping, etc.) Their goals are to improve communication, stimulate creativity in thinking, teach patience, build trust in relationships, and improve self-esteem.

Hippotherapy (Greek "hippo" meaning "horse") is physical therapy utilizing the unique qualities of the horse as a therapy tool. The movement of the horse at the walk mimics the rider's own pelvis movement, providing a unique opportunity that cannot be duplicated in the traditional physical therapy room. The awareness of body movement improving strength, balance, muscle tone, posture and coordination benefits speech, physical or occupational therapy patients. Conducted only with a medical professional, Hippotherapy provides the patient with a fun and stimulating way to learn or re-learn skills that have been lost or compromised. Refuge Physical Address: 8405 South MLK Jr Blvd, 79404. Contact Patti: 748-7202/refugeservices.org

December 16, 2021

We "Rang the Bell" Again!

Kiwanis Kudos! For the following members who volunteered to help raise funds for the Lubbock Salvation Army at the J. C. Penney store Saturday Dec. 11 from 10-6:00 p.m.

Tom Andrews – two hours
James Dugger – two hours
Wayne Kohout – two hours
Dave Mallard – two hours
Dianah Ascencio – one hour
Tanya Calderon – one hour
David Cook – one hour
Ron Dover – one hour
Russell Johnson – one hour
Lequice Kohout – one hour
LaVonna Todd – one hour

We could have done even better but we had two hours at each door with no 'Bell Ringer' at the kettle. I'm sure we'll have a full schedule next year! Salvation Army will tell us the amount of money donated at each door.

Board Meeting Matters:

Board decided to have meetings on Dec. 23rd and 30th. Dec. 23rd will be a 'Round Table' meeting.

Debbie Conn has recently retired and will be Chairperson for our club's "100th Anniversary" celebration! **Dianah Ascencio** will assist, and **Charles Zeeck** will be the club's 'Historian', and will obtain a 'Proclamation' from our mayor! **Please contact Debbie if you would like to help them with this historic event coming Feb. 2022!**

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Bits & Pieces

I don't mean to be a **Grinch**, however.... to my **Kiwanis friends** who are placing Christmas lights in your yards, would you please avoid anything that has **red** or **blue** flashing lights together!! Every time I come around the corner, I think it's the police and I have a panic attack. I have to brake hard, toss my beer out the window, fasten my seat belt, throw my phone on the floor, turn my radio down, and push the gun under the seat. All while trying to drive! It's just too much drama, especially for the Christmas season. **Thank you** for your cooperation and understanding!

Triple Kiwanis Kudos!!! To: Debbie Conn for a great Christmas Gathering at her home Sat. Dec. 11th. **A real treat for us all!**

Member Announcements:

Carmen Vige's son, Richard Lee, passed away Saturday from COVID. Services will be Saturday 12/18 at 11:30 am. Arrangements handled by Sanders Funeral Home. He was only 53.

Charles Zeeck, after 5 days in the hospital, is now at home awaiting further tests. He's alert and will appreciate calls & cards. Won't be attending meetings until the Docs know how to treat him.

December Birthdays!

David Campbell – 4th
Paul Campbell – 8th
Sam Cross – 22nd

TODAY

Thurs. Charles Perry, State Senator, Dist. 28, & practicing CPA, a legislative update for our region.

ALSO COMING SOON

Thurs. Dec. 23: 'Round Table' meeting to discuss club business and 'new matters' from 'members at large'!

Thurs. Dec. 30: Mark Brown, Director of Field Services, Plains Cotton Growers Assoc.

