

# The Klatter

# Kíwanís Club of Lubbock, Texas 79408 Kíwanían of the Year: Debby Conn

Kiwanis:

Serving the Children of the World kiwaniscluboflubbock.org

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Andrews, Sandra	Retired Teacher		239-	287-4586
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Campbell, David	Retired Prob. Offic	er		686-7652
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Paul <u>nomisski</u>	m@outlook.com	*Owner	6-16-22	
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<u>mwallac</u>	e 43@ sudden link.ne	<u>t</u> 2-26-20	)
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Vieta (Vi) <u>cezee</u>	ck38@gmail.com *f	ormer Lt. Gov. 8-5	-19

### **HONORARY MEMBERS:**

Downum, Gordon	Retired, Educator	cell-790-3652	795-3467	
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Manning, Marjorie Homemaker		cell-928-1728	797-9054	
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PLEASE HELP RECRUIT A MEMBER!

### Guest Speaker for March 14th!

Tammie Yule, 'What is Kairos?' it's a

prison ministry for those incarcerated:

Kairos Inside. And for the spouses/family: Kairos Outside. KAIROS is a time when conditions are right for the accomplishment of a crucial action: the opportune and decisive moment. That's the dictionary definition; but is descriptive of the Kairos programs. (Kairos) is a Christian faith-based ministry which addresses the spiritual needs of incarcerated men, women, youth, and their families. By sharing the love and forgiveness of Jesus Christ, Kairos hopes to change hearts, transform lives and impact the world. Kairos sprang from the Cursillo movement and is supported by volunteers from the 4th Day movements such as Cursillo, National Episcopal Cursillo, Presbyterian Cursillo, Lutheran Via de Cristo, The Upper Room's

Kairos is a ministry of the church... a ministry of the apostles whom Jesus, the Christ, has called into community and sent into the environment of the correctional institution. Kairos has been called the best example of the early church in existence today.

Walk to Emmaus, and independently ecu-

from independent and non-denominational

churches. As a ministry, **Kairos** embraces

a diverse group of volunteers working together to fulfill Christ's call to action in Mat-

thew 25:36.

menical Tres Dias as well as volunteers

The **Kairos program** incorporates curriculums designed to build and encourage prosocial character and behavior. Society spends over \$60 billion/yr. to keep more than 2.1 million inmates incarcerated, with nearly 650,000 people released annually. The Kairos program is offered at no cost to State and Federal Institutions. It's been said that it cost the government \$1 million to keep "me" locked up, and a \$100 program from **Kairos** set "me" free.

Kairos Prison Ministry International, Inc. is a 501(C)(3) not-for-profit corporation chartered in the state of Florida.

Our 'own' **Cindy Ham** is a 'Weekend Leader', and will be leading a 3-day session, 4/19-21, at the Amherst Retreat Center. It is primarily for women, and will consist of testimonies, prayers, and meal fellow ships. Cindy handed out beautifully designed pages that is her 'Logo', to color!

March 21, 2024

### **Our March Birthdays!**

David Medrano – 3/6 Tim Upp – 3/7 Carmen Vige – 3/23

#### **Meals on Wheels need Drivers**

(Kairos continued) Cindy said it costs \$125 to attend. Cindy is looking for volunteers to fill the role of: Angel, Create Agape, Donors (of cash to help women who can't afford the entire program cost), Singer, Team Member, and Transporter! Volunteers can call Cindy to find out when they can help anytime between Friday night thru Sunday afternoon.

Remember! Bring a potential member to a meeting soon! Club pays the meal

### The Objects of Kiwanis:

**TO GIVE** primacy to the human and spiritual, rather than to the material values of life. (...starting with family)

**TO ENCOURAGE** the daily living of the Golden Rule in all human relationships. (...starting with neighbors)

**TO PROMOTE** the adoption and application of the higher social, business, and professional standards.

**TO DEVELOP**, by precept and example, a more intelligent, aggressive, and serviceable citizenship.

**TO PROVIDE**, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.

TO COOPERATE in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism and goodwill (...starting with one another!)

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# John Paul Batrice's Bits & Pieces

For those of you who watch what you eat, here's the final word on nutrition and health. It's a relief to know the truth after all those conflicting nutritional studies.

- 1. The **Japanese** eat very little fat and suffer fewer heart attacks than Americans.
- 2. The **Mexicans** eat a lot of fat and suffer fewer heart attacks than Americans.
- 3. The **Chinese** drink very little red wine and suffer fewer heart attacks than Americans.
- 4. The **Italians** drink a lot of red wine and suffer fewer heart attacks than Americans.
- 5. The **Germans** drink a lot of beers and eat lots of sausages and fats and suffer fewer heart attacks than Americans.

### CONCLUSION

Eat and drink what you like. Speaking English is apparently what kills you.

### OFFICERS 2023-2024:

Tom Andrews, President Joe Phea, President-Elect David Mallard, Vice President Lequice Kohout, Treasurer Paul Rostad, Secretary Debby Conn, Immed. Past Pres.

### **BOARD MEMBERS:**

**2022-2024:** David Cook, Kim Davis, Wayne Kohout, Luke Mason

**2023-2025:** Sandra Andrews, Cindy Ham, David Medrano, Carmen Vige

## **TODAY**

Thur. Mar. 21: Danielle East, Executive Director, East Lubbock Art House, all about East Lubbock art

## **ALSO...COMING SOON:**

**Thur. Mar. 28:** Wade Cowan, Owner, Brownfield Seed & De-linting, "State of W. TX Rural Agriculture" **Thur. April 4:** Birthdays (with cake!), Committee Updates, and **Board Meeting**