



# The Klatter

Kiwanis Club of Lubbock, Texas 79408

Kiwanian of the Year: Tim Upp

## Kiwanis:

Serving the Children  
of the World

kiwaniscluboflubbock.org

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## From our Kiwanis Magazine...

Jan./Feb. 2022 Edition:

### 'Why is everybody so angry?'

Please read this timely and well written article. I'll try to summarize it in these two columns:

"From Twitter Tirades and Road Rage to Mall Meltdowns and Family Feuds, the world seems angrier than ever" Story by **Julie Saetre**. I'll add "...over 5,100 passengers violently acting up, or assaulting air line staff and passengers over mask mandates or other passenger protection issues" Wow!

**Laura Beth Moss** is the founder of **Growth Central Training**, an organization that brings awareness to, and education about, anger, aggression and crisis. **Moss** teaches and trains therapists, social workers and counselors to work with court-mandated anger management clients. "Anything can be divisive these days," she says. "What's scary about our culture right now is we're kind of getting addicted to divisiveness. It becomes part of our identity."

**Ryan Martin**, a professor of psychology and Associate Dean for the College of Arts, Humanities and Social Sciences at the University of Wisconsin, and author of "Why We Get Mad: How to Use Your Anger for Positive Change," **Martin** researches and writes on anger and ways it is expressed. "Some of what's happening right now does feel like people are intentionally gearing up for a fight – that they're out there wanting to engage in this aggressive way." Like anger itself, the answer to why so many of us are on edge is complex. One obvious reason involves one of everyone's favorite targets, social media.

"Nothing is personal anymore" (person to person) says **Elaine Parke**, author of "The Habits of Unity: 12 Months to a Stronger America...one citizen at a time."

December 30, 2021

## No Meeting Today! So...Have a Happy and Healthy New Year!

(col. 1 continued:)

"People can hide behind a screen on Nextdoor or Facebook. No one is held accountable. They can say what they want because they're not face-to-face with people. And it's all been magnified by COVID, where we're able to be together even less. We're social beings, and the socialization has been stripped from us."

"It's just the model of how we see people disagreeing," says **Tania Israel**, Professor, Dept. of Counseling, Clinical & School Psychology, Univ. of California, and author of "Beyond Your Bubble: Dialogue Across Political Lines." "What gets people to pay attention is conflict. So it's not like it's about people listening to each other in those conversations. It's about people stating their views and not trying to come to any kind of compromise or understanding". One common mistake is to see something you disagree with on line and to express your own view because you think the other person will be calmly persuaded. "But that doesn't happen," **Israel** says. "In fact, the research shows that by sending somebody a contrasting opinion, you might be more likely to push them farther toward their extreme than bring them closer to where you are. And that's not just in social media. That's true in any of our interactions." **Martin** says "The control adults need to exhibit and have these days is really not so much control of the environment as it is **self-control**. We have to **show kids** what its like to step away from this stuff, to be OK with that, to think that's valuable." (Y'all have to read this article!...)

John Paul Batrice's



Bits & Pieces

Please try to apply these in 2022-  
**The Objects of Kiwanis:**

**TO GIVE** primacy to the human and spiritual, rather than to the material values of life. (...starting with family)

**TO ENCOURAGE** the daily living of the Golden Rule in all human relationships. (...starting with neighbors)

**TO PROMOTE** the adoption and application of the higher social, business, and professional standards.

**TO DEVELOP**, by precept and example, a more intelligent, aggressive, and serviceable citizenship.

**TO PROVIDE**, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities. (...starting with one another!)

**TO COOPERATE** in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism & goodwill.

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### Member Announcements:

**Carmen Vige's** son, **Richard Lee**, passed away Dec. 11<sup>th</sup>, from COVID. Please call Carmen, or send her a card and keep her in your prayers!

**Charles Zeeck**, is still at home. He's alert and will appreciate calls & cards. **Charles** said to tell y'all to have a Happy New Year." We'll see him in 2022!

**Board Meeting Wed. Jan. 5<sup>th</sup>!**

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### OFFICERS 2021-2022:

**Tim Upp**, President

**Jimmy Moore**, President-Elect

**Deborah Conn**, Vice President

**Cindy Ham**, Treasurer

**Paul Rostad**, Secretary

**John Paul Batrice**, Past Pres.

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**TODAY**

**Thurs. Dec. 30: NO MEETING!** Will reschedule Mark Brown, Dir. of Fld. Services, Plains Cotton Growers Assoc.

**ALSO COMING SOON**

**Wed. Jan. 5:** Board Meeting, so Board Members don't forget to attend!

**Thurs. Jan. 6:** Mystery Guest Speaker!!! Come to the meeting to find out who it is!